



# **Aiki Connections**

## **Daitō-ryū Aiki-jūjutsu Weekend**

**With Howard Popkin and Joe Brogna**

**Friday 17th Jan, Saturday 18th Jan & Sunday 19th Jan 2025**

**Shogun Dojo, Whitstable**

**Daitō-ryū emphasizes highly effective techniques for unbalancing, redirecting, and controlling an opponent while using minimum physical effort or force to control them. These “aiki-no-jutsu” techniques are rarely seen by the public, and technical explanations are difficult to find in any video or publication.**

**This event is perfect for those looking to upgrade their balance breaking skills, or for instructors looking to inspire their students.**

**Year after year, participants enjoy great humour, world class instruction and the sublime skills that this course provides.**



Howard Popkin and Joe Brogna, long time students of Okamoto Seigo, the founder of Roppokai Daitō-ryū and a student of Horikawa Kodo Sensei (longest serving student of Daitō-ryū Aiki-jūjutsu founder Takeda Sōkaku).

**[www.daitoryu.co.uk/aiki-connections-2025](http://www.daitoryu.co.uk/aiki-connections-2025)**

Email [info@daitoryu.co.uk](mailto:info@daitoryu.co.uk) to book your place.